

THERAPY



08:45	Opening Jack Chew				
	Advanced MSK Practice STAGE	Enhanced Rehabilitation STAGE	Contemporary Intervention STAGE	First Steps STAGE	Introducing STAGE
09:00	<p>The Sporting Groin - Differential Diagnosis</p> <p>Lorenzo Masci</p>	<p>Exercise Prescription Like A Pro</p> <p>Ben Cormack</p>	<p>Exercise For Osteoporosis: LIFTMOR And Beyond</p> <p>Belinda Beck</p>	<p>Orthopaedic Assessment Of The Lower Limb</p> <p>Jonathan Bell</p>	<p>Developing Individualised Treatment Plans For Plantar Heel Pain</p> <p>Alex Murray</p>
09:45	<p>Corticosteroid Injections For Knee OA: What's The Harm!?</p> <p>Nick Lividas</p>	<p>Ahead Of The Scoliosis Curve</p> <p>Katrina Lake</p>	<p>Recognising And Managing Eating Disorders In MSK</p> <p>Nick Pollard</p>	<p>The Rotator Cuff & The Human</p> <p>Kevin Kuppens</p>	<p>Asking Questions Around Trauma: What Do You Do With The Answer?</p> <p>Nicky Ellis</p>
10:30	BREAK	BREAK	BREAK	BREAK	BREAK
10:45	<p>Relative Energy Deficiency In Sport</p> <p>Clodagh Dugdale</p>	<p>"Cognitively Rich" Rehab Of The Upper Limb</p> <p>Jo Gibson</p>	<p>"I Need A Scan!" - Making Difficult Conversations Easier</p> <p>Ben Whybrow</p>	<p>Common Pathologies In People With Learning Disability</p> <p>Alistair Beverley</p>	<p>Consider your (Stetho)scope: When, Why and How To Write A GP Letter</p> <p>Jonathan Mason</p>
11:30	<p>Differentiating SONK From Bone Stress Reactions</p> <p>Paul Trikha</p>	<p>Rehabilitation For Long Covid</p> <p>Tim Allardyce</p>	<p>Fundamentals Of Behaviour Change</p> <p>Serena Simmons</p>	<p>From Student To New Grad - Smoothing The Transition</p> <p>The First Steps Team</p>	<p>Paediatric Athletes: Maturation, Wellness Monitoring And Activity Modification</p> <p>Christopher Hedges</p>

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12:45	Providing Safe And Effective Medication Advice As A Non-Prescribing Physiotherapist Paul Regan	The Essential MSK Rehab Tweaks Ian Gatt	Whole Body Vibration Claire Minshull	The Assessment Of Athletic Kids Angela Jackson	Use Of Neuromuscular Electrical Stimulation Combined With Blood Flow Restriction During Rehab Paul Head
13:30	The Perils Of Overmedicalisation Derek Griffin	Rehabilitating The Forefoot Liz Bayley	Creating ACTUALLY Different Ways Of Working Jo Turner	Red Flags In Back Pain Rob Beaven	Can Nutrition Support Our Patient's Recovery From MSK Injury? Ben Steele-Turner
14:15	BREAK	BREAK	BREAK	BREAK	BREAK
15:00	Imaging for FAI & Hip Dysplasia Katie O'Bright	Contemporary Tennis Elbow Management Emma Green	Indications for Injectables Zoe Wilson, Andrew Cuff, Mike Dare	Practicalities of Working In Elite Sport Aimi Healey-Bracher	What Sherlock Holmes Can Teach Us About Getting Patients To Follow Our Advice Orla O'Doherty
15:45	Complex Cauda Equina Syndrome Thomas Jesson	Improve Post-Op ACL Outcomes Mick Hughes	The Context Of Touch Jo Turner and Anna Maria Mazzieri	The Benefits Of Being A Generalist Katie Knapton	The Paralympic Classification Process A Physiotherapist's Role Ritchie Barber
16:30	Closing Jack Chew				